

JCYS Henry Horner Overnight Camp - Frequently Asked Questions

1. What is the background of the camp and the director?

JCYS Henry Horner Overnight Camp is about fun, friendship, discovery and adventure including fabulous out-of-camp trips. Everyday brings new adventures that are shared with friends, a place where campers can live the experiences they've only had in dreams. We're just the right size. Camp Henry Horner is big enough to offer all we do, small enough so everyone feels comfortable, even if it just might be their first overnight camp experience. Camp's setting on Wooster Lake in Northern Lake County provides a scenic backdrop to the ultimate overnight experience. There is no need to travel too far from home for a "Real Camp".

Danny Glassman, the Overnight Camp Director, has been with JCYS for 10 years, the last four as Overnight Camp Director. Danny graduated from National Louis University in Chicago with a B.A. in Social Sciences with the goal of becoming a high school history teacher. His love for camp however brought him to JCYS full time where he has worked in both day and overnight camp as well as working for with the JCYS Lakeview Family Center's high school drop out prevention program and coaching youth sports at the JCYS Lutz Family Center.

2. Where is the camp located?

Camp Henry Horner is located in Ingleside, Illinois. Camp is easily accessible from I-94 and approximately an hour and fifteen minutes from Chicago.

3. How will my child travel to camp?

Campers in Overnight Camp either get dropped off by parents or take advantage of our bus service from Buffalo Grove (JCYS Northwest Family Center). The bus from Buffalo Grove departs the opening Sunday of each session at 3:45 P.M. Camper cans also take the bus from camp back to Buffalo Grove at the end of a session. The bus arrives at 1:30 PM. Additional transportation locations can be added for groups of 10 or more.

4. What facilities does the camp have?

Our Facilities include a heated pool, high and low ropes challenge course, sports fields, tennis courts, a beach and lakefront offering sailing, boating, fishing and the Glickman Waterworks (featuring inflatable aquatic recreation equipment!), a skate park, 3 miles of biking and hiking trails, arts center and dance studio.

5. *Where will my child live?*

Our camper cabins accommodate 12 campers with wood bunk-beds. All cabins have been upgraded, and are climate controlled. Additional electrical outlets and carpeting give them a more "homey" feeling. Counselors live in the cabins in a separate area. All cabins are in well-lit areas located conveniently near bathrooms and showers.

6. *What is the background of the staff?*

All of the counseling staff in Overnight Camp are college age or older. The majority of them are majoring in education, recreation, or a similar field. All of our staff has a strong desire to work with children. In addition to American counseling staff, we recruit from around the world (including England, Australia, Israel and South Africa) to bring in a diverse staff that will enhance our campers' experience.

7. *How do you background check your staff?*

Every staff person at JCYS Camp Henry Horner has a criminal background check as well as a check through the National Sex Offender Registry. In addition every staff member is reference checked and interviewed before being hired.

8. *What is a typical day like?*

The schedule varies day to day based on the events or trips happening on a particular day.

8:00am Boker Tov (Wake Up)
8:20am Flagpole
8:30am Breakfast
9:00am Clean-up
9:30am Hobby 1 (M/Th & Sat) - Trip Prep (W)-Unit Time (T/F)
10:30am Hobby 2 (M/Th & Sat) - Trip (W) return 5pm- Unit Time (T/F)
11:45am Lunch
12:15pm Canteen
12:30pm Rest Time
1:30pm Cabin Activity
2:30pm Recreational Swim
3:30pm Choice 1 (T/Th)-Lake (M/F)
4:30pm Choice 2 (T/Th)-Shower Time (M/F)
6:0pm Flagpole
6:15pm Dinner
7:00pm Chofesh (Free Time)
8:00pm Evening Activity
10:15pm Lights Out Junior Village
10:45pm Lights Out Senior Village

9. What activities are offered?

Campers have a range of activities that they can participate in. Some options are...

- Baseball League
- Softball
- Soccer
- Basketball
- Shatterball
- Tennis
- Archery
- Skate Park
- Floor Hockey
- Sailing
- Boating & Canoeing
- Lakefront
- Fishing
- Ropes Course
- Biking
- Disc Golf
- Volleyball
- Photography
- Dance
- Drama
- Outdoor Cooking
- Indoor Cooking
- Gaga
- Fashion Design
- Arts & Crafts
- Leather Craft
- Jewelry Making
- Rocketry
- Bowling
- Ceramics

10. Who prepares the meals? Are they nutritious?

Meals are served buffet style with each cabin member taking turns as their table's hopper. A hopper sets the tables, brings juice to the table, and assists with the clean up. Our menu is designed to provide food that campers will truly enjoy. Pizza, baked chicken, grilled cheese, pasta, tacos and salad bar are among the popular items. We are sensitive to those with special diets and encourage parents to call us with those requirements. All meals are kosher style, meaning we do not mix meat and dairy products. Separate plates, cups and utensils are used. We will serve three well balanced meals and a daily snack.

11. How is laundry handled?

Laundry is sent out to a professional laundromat once per session. All belongings should be labeled and placed in a laundry bag before being sent out. Laundry is usually returned within 24 hours of being sent out.

12. What medical facilities does the camp have?

There is a Licensed Nurse on site at all times. Our Nurse will attend to minor scratches, cuts and bruises. In the case of minor illness, we will arrange for further medical care with either our local physician or at Lake Forest Hospital in Grayslake (on the corner of IL Route 120 and IL Route 45). If we are away from camp and a medical situation arises, we will utilize the nearest facility. Our camp nurse will inform you if your child has visited our health center for anything more

than minor scratches, cuts and bruises. If medical personnel determine your camper must be out of program for more than 24 hours, we will make your child as comfortable as possible or arrange for you to pick up your child at camp.

13. How can we keep in touch with our child?

Campers love mail, so please write often! Campers may write letters or even fax letters, as long as they know your fax number. E-mail accounts can be arranged through <http://camphenryhorner.ecamp.net>. E-Camp allows for parent emailing and return response through fax replies (simply put, a scanned copy of your child's letter is sent to your email). **Campers may not make or receive phone calls, unless arrangements have been made through your child's unit head or assistant camp director.** We are always willing to discuss special needs, so please feel free to give us a call. Of course, campers can always have a phone call arranged on their birthday.

14. When may parents visit?

The Overnight Camp experience gives campers the opportunity to be independent and live with their peers in a unique environment. Campers get a chance to bond with their cabin mates, share experiences, work as a team and learn to make decisions. **In order to foster this environment, Henry Horner Overnight Camp, like most resident camps, does NOT permit visitors to camp.** Campers who stay multiple sessions can go home during the intersession, or have visitors on intersession, Fridays 11:30-5pm or Sundays 11-3pm. If you need special arrangements, please call your child's unit head or assistant camp director.

15. What extra charges can we expect?

The only additional charges for Overnight Camp are horseback riding and intersession. Intersession is the weekend period between two sessions. Campers can opt to stay at camp during this time and participate in a number of activities and trips.

16. Will my child swim in a lake or a pool?

Campers have an opportunity to swim in both our pool and lake. Everyday campers are scheduled for one hour of free swim in the pool. Campers are also scheduled for two hours of lake time on Mondays and Fridays before Shabbat. Campers can also sign up for additional experiences at the lake during Chugim (Hobbies) or Camper's Choice.

Our experience has shown that most children who attend CHH have reached the top levels of the American Red Cross Learn to Swim Program. Therefore we do

not conduct regular swim lessons for campers. Swim Lessons are available by Parent's Written Request for campers entering 3rd-5th grade.

17. Will my child be assured the activities he/she elects?

Overnight campers participate in both Chugim (Hobbies) and Campers Choice. We do our best to give each camper their first or second choice of Chugim. Campers' choice also allows campers to sign up for activities they are interested in trying or would like to participate in more often. Counselors work with campers to make their program choices.

18. Does the camp offer horseback riding?

Camp does offer horseback riding for an additional cost. Horseback riding is run during Chugim where campers get 6 hours of total instruction.

19. What type of out-of-camp trips will my child go on?

Every session, campers will go on one day trip, a one day adventure trip and one overnight excursion. Campers attending the 1st timers' week go on a one day trip. During day trips campers attend sporting events, visit amusement parks and other locations of that nature. Our adventure trips are age appropriate programs that take campers on excursions canoeing, biking, hiking, geocaching and other outdoor pursuits throughout Lake and McHenry County Illinois. On every trip we take, campers are divided into smaller groups with at least one staff person. Continual check-ins occur throughout the trips to ensure the safety of our campers.

Our overnight excursions take us farther afield to locations like the Wisconsin Dells and Minnesota. Campers visit amusement parks during the day before retiring to a local Y facility where they stay in cabins, dorms or gymnasiums (depending on the location). Because of our distance from camp, a nurse travels with us to provide medical attention and distribute medications. As always there are continual check-ins.